

## DAYS OF MOVEMENT

March for Babies is bigger than just a walk in your community, it's a Mother of a Movement.

Throughout this spring, we invite our teams to participate in Days of Movement: an opportunity to celebrate your March for Babies fundraising.

**These Days of Movement are an opportunity to celebrate your March for Babies fundraising efforts through celebrations and/or volunteer activities that teams can complete together.**

## DAYS OF MOVEMENT ACTIVITIES

### Host a Celebration

Your celebration can look and feel how it's the best fit for you and your team. You can also tie together a volunteer activity by asking teammates to bring a book or package of diapers to the celebration.

#### Examples of celebrations:

A walk with your team around your neighborhood or park  
A cookout, potluck, or picnic with your team  
Dinner out at a restaurant with your team

### Mission Activities

- Host a Diaper Drive
- Create "Going Home" Packages
- Host a Book Drive
- Write Notes of Hope
- Create Personal Care Kits
- Create Sibling Kits

*click on the activity to go straight to the toolkit*



**FOR ADDITIONAL INFORMATION, PLEASE CONTACT:**

[Centralsupport@marchofdimes.org](mailto:Centralsupport@marchofdimes.org)

800-906-3463

**FOLLOW US ON:**



# HOST A DIAPER DRIVE

## What is it?

Volunteers host a diaper drive to collect and donate new diapers that support March of Dimes programs and families. Unopened packages only.

## Why is it important?

On average parents use 8-12 diapers a day. The average family spend around \$1,000 in the first year on disposable diapers and supplies [[healthline](#)]. For families, costs add up quickly and providing diapers can go a long way in supporting the basic needs so families can focus on what's most important – bonding with their new baby.

## HOW YOU CAN DO IT:

1. If you haven't already, please let us know you are taking this action.
2. **Get Connected:** If you are connected to a local March of Dimes staff contact on your project, please follow their directive, otherwise, you can find an organization to donate your diapers to locally that is in need. This could include:
  - A local diaper bank. To find your local diaper bank, visit [www.NationalDiaperBankNetwork.org](http://www.NationalDiaperBankNetwork.org).
  - Public Health Centers, parent and family services
  - Local health departments, WIC clinics
  - Women's centers, shelters
  - Nonprofit or government funded Child care centers
  - Churches
  - In cases where there isn't a local organization, please ship diapers to March of Dimes Fulfillment Center. Place the completed donation form inside your package. You can use any carrier you prefer. Shipping cost is at the volunteer's expense.

March of Dimes Fulfillment Center  
200 Charis Drive  
Moody, AL 35004

**Before you collect donations, it is important to identify where the diapers will be donated, what quantities can be accepted, and to confirm if there are any specific needs or requirements for diaper donations.**

3. **Do it:** Pick a theme (stuff the bus, fill the room, etc.), set a goal for how many packages of diapers, you or your group would like to collect or purchase and by when.
4. **Promote it:** Share your theme, goal and collection date and promote your diaper drive via email, text, social media and word of mouth!
5. **Share:** Post a picture of your collection and tag @MarchofDimes.
6. **Donate:** Deliver or ship the collected diapers as determined in step two.



DONATION FORM

## ITEM DONATION FORM – INDIVIDUAL

**In order for individual donors to receive acknowledgement for their in-kind donation. Please provide the following information for each donor.**

### DONOR CONTACT INFORMATION

Donor name: \_\_\_\_\_ Donor signature: \_\_\_\_\_

Date of Donation: \_\_\_\_\_

Address: \_\_\_\_\_

Contact name: \_\_\_\_\_

Phone number: \_\_\_\_\_ Email: \_\_\_\_\_

### DONATION:

This shipment includes:

\_\_\_\_\_ (quantity) of \_\_\_\_\_ (item) total value of items \$ \_\_\_\_\_

\_\_\_\_\_ (quantity) of \_\_\_\_\_ (item) total value of items \$ \_\_\_\_\_

\_\_\_\_\_ (quantity) of \_\_\_\_\_ (item) total value of items \$ \_\_\_\_\_

Please ship to:

March of Dimes Fulfillment Center  
c/o Lamar Glidewell  
200 Charis Drive  
Moody, AL 35004  
Phone: 205-947-4530

Email the donation form to **centralsupport@MarchofDimes.org**. Please include a **printed copy of donation form** in your shipment as well.

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## ITEM DONATION FORM – GROUP

**If you aren't able to make a direct site donation, please complete this form and submit with any physical donations. Send to the March of Dimes fulfillment center.**

### DONOR CONTACT INFORMATION

Group name: \_\_\_\_\_ Group signature: \_\_\_\_\_

Date of Donation: \_\_\_\_\_

Address: \_\_\_\_\_

Contact name: \_\_\_\_\_

Phone number: \_\_\_\_\_ Email: \_\_\_\_\_

### DONATION:

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FOLLOW US ON:



## “GOING HOME” PACKAGES

### What is it?

This activity creates packages for parents to take with them as they leave the Neonatal Intensive Care Unit (NICU). Your group can get creative to celebrate this moment and help parents take home items that they need to make the transition a little easier.

### HOW YOU CAN DO IT:

1. **Assign a lead:** Assign one or two volunteers to lead this engagement and to liaison between March of Dimes and your group of volunteers.
2. **Get Connected:** Connect with your March of Dimes staff contact listed at the bottom of this page to let them know you're interested in providing “Going Home” Packages to a NICU/Hospital Partner and [signup at March for Babies – Days of Movement](#).
  - Your March of Dimes staff contact will reach out to the March of Dimes NICU Family Support Team/Market Staff to determine a hospital site in your area that your chapter can partner with given your volunteer interests. **It's important to connect the March of Dimes staff contact first.** Depending on the relationship with the site, your chapter might work directly with a contact at the hospital or through the local March of Dimes staff contact.
3. **Make a plan:** Once you have a contact, check out the volunteer checklist on the back and, with your primary contact, start answering the first set of questions with your volunteers. You can use the second set of questions to get more information from the NICU/hospital staff. Feel free to add your own questions, too!
4. **Do it:** Use the “Going Home” package ideas listed on the back along with information from the NICU/hospital staff and create your “Going Home” packages.
5. **Celebrate:** Each time your group does this activity, send out “thank you” emails/notes to the members that participated and to the staff who supported at the hospital.
6. **Be counted:** Let us know you've taken this action and give us feedback by [fill out this form](#).

Please note: Each NICU/hospital partner has different requirements of volunteers. Hospitals might require volunteer training to access the facility.

### WHY IS IMPORTANT?

Going home from the hospital—and especially the NICU—can be a scary and uncertain time. These “Going Home” packages help families with the transition.

### TOOLS (ON BACK)

- Volunteer Checklist
- Activity Kit ideas
- Surprise and delight ideas



# VOLUNTEER CHECK LIST

Please walk through the checklist with your primary contact as you plan this engagement and determine with your group what is feasible.

## Questions to figure with your volunteers and March of Dimes primary contact:

- Will volunteers be purchasing items, collecting donations or making donations (i.e. bags, baby items)? Who will store items?
- If a donation, whom do you intend to ask?
- Who will drop off the completed packages?

## Questions to ask the NICU/hospital site:

- Are volunteers able to bring the packages to the hospital?
  - Can volunteers interact with the families? If so, what's the best timing?
- Does the hospital have restrictions on volunteers? If so, be very specific about what is feasible for volunteer engagement at the site. Often, NICU's don't allow visitors during COVID, cold and flu season, or else keep volunteer activities separate to protect the babies.
- How many "Going Home" packages are needed (approx.) for this site?
  - Is it possible to know how many big sisters and big brothers are expected?
- Are there any brands or items that are not approved for use for this site?

## "GOING HOME" PACKAGE IDEAS:

This is a list of ideas but check with your NICU/hospital contact to see what the site might already have and what is most needed for parents as they are leaving the NICU. Each site differs in programming and could have limitations on what can be donated. New items only.

- Baby first aid kits
- Forehead and ear thermometers
- Bag (opportunity for your group to design the bag)
- Onesie, clothing (various sizes), socks, hats, etc. Please purchase in packs of 3 or 6.
- Toys, teething rings
- Picture frames and keepsakes (for entire family)
- Bottles, pacifiers, bibs and other feeding and travel accessories
- Wipes, diapers and skincare products
- Personal care items for parents
- March of Dimes resources – add information about sharing story and staying connected

## SURPRISES & DELIGHT

If your volunteers are interested in adding a surprise to this activity or for the NICU/hospital partner, here are some ideas:

- Write a note of encouragement to the parents. These should be reviewed by the primary contact prior to ensure appropriate and sensitive language is used.
- Write "thank you" notes to the NICU staff for all their support of moms and babies.

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DONATION FORM

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c/o Lamar Glidewell  
200 Charis Drive  
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# HOST A BOOK DRIVE

## What is it?

This activity is a book collection so parents can read to their babies in the Neonatal Intensive Care Unit (NICU) and/or provide books for big brother and big sister to enjoy while visiting their sibling.

This is the time to grab your favorite childhood reads, or books that help to explain the NICU journey and pass along the story to parents and their children.

## HOW YOU CAN DO IT:

1. **Assign a lead:** Assign one two volunteers to lead this engagement and to liaison between March of Dimes and your volunteers.
2. **Get connected:** Connect with your March of Dimes staff contact listed at the bottom of this page to let them know your interested in providing books to a NICU/hospital partner and [signup at March for Babies – Days of Movement](#).
  - Your March of Dimes staff contact will reach out to the March of Dimes NICU Family Support Team/Market Staff to determine a hospital in your area that your chapter can partner with. **It's important to reach out first to the MOD staff contact.** Depending on the relationship with the site, your chapter might work directly with a contact at the hospital or through the local MOD staff contact.
3. **Make a plan:** Once you have a contact, check out the volunteer checklist on the back, and with your primary contact start answering the first set of questions with your group of volunteers. You can use the second set of questions to get more information from the NICU/hospital staff. Feel free to add your own questions too!
4. **Do It:** Collect books and donate them to your NICU/hospital partner.
5. **Celebrate:** Each time your group does this activity, send out “thank you” emails/notes to the members that participated and to the staff who supported at the hospital.
6. **Be counted:** Let us know you've taken this action and give us feedback by [fill out this form](#).

Please note that each NICU/hospital partner has different requirements of volunteers. Some hospitals might require volunteer training to access the facility.

## WHY IS IMPORTANT?

Being in the Neonatal Intensive Care Unit (NICU) is a scary and uncertain time. Providing families with opportunities to connect with their children through reading is a special gift.

NICU babies still love and respond hearing their parents voice. This helps promote bonding if parents aren't able to hold their little one.

## TOOLS (ON BACK)

- Volunteer Checklist
- Book & Collection Timing Ideas
- Surprise and delight ideas



# VOLUNTEER CHECK LIST

Please walk through the checklist with your primary contact as you plan this engagement and determine with your group what's feasible.

## Questions to figure out with your March for Babies team:

- How long would you like to collect the books and what day would you conclude your book drive?
- Will volunteers be purchasing items or collecting donations? Who will store the books?
- If a donation, who do you intend to ask?
- Who will drop off the books? Do you intend to have volunteers drop off books?

## Questions to ask the NICU/hospital site:

- Are volunteers able to bring the books to the hospital?
- Does the hospital have restrictions on volunteers?
  - If so, be very specific in what is feasible for volunteer engagement at the site.
  - Often, NICU's don't allow visitors during COVID, cold and flu season, or else keep volunteer activities separate to protect the babies.
- How many and what type of books are needed (approx.) for this site?

# BOOK & COLLECTION TIMING IDEAS:

Providing a book is such a special gift. Here are a few ideas for books your group can collect and natural times throughout the year to host a collection. If these don't work for your group, simply pick other times that work for you and the NICU/hospital partner.

- Collect children's books in between or during your fundraising efforts.
  - Babies first board book
  - Books for siblings (consider a variety of reading and age levels)
  - Favorite childhood book
  - Newborn books (Oh, the Places You'll Go, The Very Hungry Caterpillar, The Rainbow Fish, Where the Wild Things Are, etc.)



# SURPRISES & DELIGHT

If your volunteers are interested in adding a surprise to the book drive or for the NICU/hospital partner, here are some ideas:

- Write an encouraging note to the families – ask your March of Dimes staff partner for approved messages.
- Write “thank you” notes to the NICU staff for all their support of moms and babies.
- Write a note about why this is your favorite book and put it in the book.

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# PERSONAL CARE KITS

## What is it?

This activity puts together personal care kits for parents whose babies were born too soon, or unexpectedly.

These kits can make a huge impact on the well-being of parents whose babies are in the Neonatal Intensive Care Unit (NICU)/hospital site due to pregnancy-related complications.

## HOW YOU CAN DO IT:

1. **Assign a lead:** Assign a lead to this engagement and to liaison with March of Dimes.
2. **Get connected:** Connect with your March of Dimes staff contact listed at the bottom of this page to let them know you're interested in providing personal care kits to a NICU/hospital partner and [signup at March for Babies – Days of Movement](#).
  - Your March of Dimes staff contact will reach out to the March of Dimes NICU Family Support Team/Market Staff to determine a hospital site in your area that you or your group can partner with. **It's important to connect the March of Dimes staff contact first.** Depending on the relationship with the site, you or your group might work directly with a contact at the hospital or through the local March of Dimes staff contact.
3. **Make a plan:** Once you have a contact, check out the volunteer checklist on the back and start answering the first set of questions with your group of volunteers.
4. **Define it:** After you've answered the first set of questions and have an idea of what you'd like to do, reconnect with your primary contact and work through the second set of questions on the checklist.
5. **Secure it:** Purchase items or secure donations/gift cards as needed.
6. **Do it:** Pack or host a packing party and drop the kits off at the determined NICU/hospital site.
7. **Celebrate:** Send out thank you emails/notes to the people that participated and to the staff who helped at the hospital.
8. **Be counted:** Let us know you've taken this action and give us feedback by [fill out this form](#).

Please note that each NICU/hospital partner has different requirements of volunteers. Some hospitals might require volunteer training to access the facility.

## WHY IS IT IMPORTANT?

Becoming a parent can be exciting but also challenging when you end up at the hospital unexpectedly, without your "go" bag or any of the items that you may need for your critical stay. These kits provide families with personal items that are needed for their hospital stay

## TOOLS

- Volunteer Checklist
- Kit material list
- Surprise and delight ideas
- Collection Flyer + tags

# VOLUNTEER CHECKLIST

Before reaching out to the NICU/hospital staff, please walk through the checklist with your primary contact.

## Questions to figure out with your volunteers and March of Dimes primary contact:

- Where are the kit donations coming from and how are they packaged? Kit donations should be new/unused.
- Will you have volunteers drop the kits at the hospital or is a volunteer simply dropping off the kits? It's helpful to have a few ideas or dates that work for your group, but to also be flexible.
- How often does your group plan to provide personal care kits—just once, monthly or a few times a year?

## Questions to ask the site:

- Is this needed at the site, or would a donation of other items be more useful?
- How can the kits be packaged to be received at this site?
- Does the site have a place to store the kits? Or can volunteers store the kits until needed?
- Are volunteers able to interact with the families? What's the best timing? Is there a location onsite to layer on an activity with parents? What activities are most helpful?
- Does the hospital have restrictions on volunteers? Be very specific about what is feasible for volunteer engagement at the site. Often, NICU's don't allow visitors during flu and cold season, or else keep volunteer activities separate to protect the babies.
- How many families (approx.) should volunteers plan kits for?
- Is it possible to bring extra gift cards or add a few surprises for patients? Discuss based on ideas.

# KIT MATERIAL IDEAS

Below are possible items to include in the personal care kits. Check with your primary contact to finalize the list of materials that would be most helpful to parents at this site. Consider using a Amazon Wish list too.

- |  |                           |
|--|---------------------------|
| • Travel-size deodorant                                  | • Dry shampoo             |
| • Toothbrush and toothpaste                              | • Chapstick               |
| • Face wipes   | • Gum or mints            |
| • Gift cards for gas, Starbucks, Walmart, Target or Visa | • Hand sanitizer          |
| • Unscented lotion                                       | • Small packet of tissues |
| • Small journal  | • Cozy socks              |
| • Pen or pencil  | • Calming teas            |
| • Share Your Story resource from March of Dimes          | • Gift tag                |
| • Water  |                           |

# SURPRISE AND DELIGHT

If your volunteers are interested in adding a surprise to the kit or for the NICU/hospital partner, here are some ideas:

- Collect restaurant gift cards and leave one for parents, the NICU staff and nurses.
- Write notes of encouragement for the new parents and include them with the kits. These should be reviewed by the primary contact beforehand to ensure the language is appropriate and sensitive.
- Provide healthy snacks for the site.

## FOR ADDITIONAL INFORMATION, PLEASE CONTACT:

Centralsupport@marchofdimes.org

800-906-3463

## FOLLOW US ON:



## HELP FAMILIES AT **[INSERT SITE]**

Families with a premature baby often don't have the chance to grab personal items at home or they're spending many hours bonding with their new baby. Having access to these simple, yet powerful items can go a long way for them.

### **COLLECT NEW/UNUSED ITEMS:**

- Travel-size deodorant
- Toothbrush and toothpaste
- Face wipes
- Gift cards for gas, coffee, local retail stores
- Unscented lotion
- Small journals
- Pen or pencil
- Dry shampoo
- Chapstick
- Gum or mints
- Hand sanitizer
- Small packets of tissues
- Cozy socks
- Water
- Calming teas

For more information, please contact:

### **THANK YOU!**



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**A gift  
for you.**

FROM: **Mi** MARCH  
MARCH OF DIMES FOR BABIES



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for you.**

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Contact name: \_\_\_\_\_

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**FOLLOW US ON:**



## NOTES OF HOPE

### What is it?

This activity puts together Notes of Hope for parents whose babies were born too soon, or unexpectedly.

These notes can make a huge impact on the well-being of parents whose babies are in the Neonatal Intensive Care Unit (NICU)/hospital site due to pregnancy-related complications.

### Why is important?

Becoming a parent can be an exciting and challenging time. But when mom and baby are in the Neonatal Intensive Care Unit (NICU) or at the hospital unexpectedly, it can also become scary for families. Too many parents are experiencing this today and receiving a meaningful note lets parents know they are not alone during one of the most uncertain times in a parent's life.

### HOW YOU CAN DO IT:

1. Grab your supplies. You'll need cards, paper, pens, etc. or use the print-at-home template:  
<https://www.marchofdimes.org/materials/Send-a-note-to-mom-to-be.pdf>
2. Take a moment to think about your note.
3. Keep it general so that it can be given to any family going through their NICU journey. See considerations on the back.
4. Write 1-5 cards or as many as you'd like. This is a great activity to do with kids as well. Have them draw pictures or write sayings to practice their writing.
5. Package the notes together (don't close the notes if putting in smaller envelopes).
6. Place the insert included inside your package and affix the label included to the outside of the package. **Shipping cost is at the colleagues expense.**
7. Mail them to March of Dimes Fulfillment Center at 200 Charis Drive Moody, AL 35004 for us to distribute.

If you'd prefer to send a digital note of hope please visit:  
<https://www.marchofdimes.org/volunteers/send-a-note.aspx>

### QUICK LINKS (ON BACK)

- Materials Needed
- Considerations for the notes
- Note of Hope Project Resources



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# MATERIALS NEEDED

Grab your supplies.

- Cards, paper, or use the print-at-home template: <https://www.marchofdimes.org/materials/Send-a-note-to-mom-to-be.pdf>
- Pens, markers, colored pencils etc.
- Washi tape, stickers, etc.



# CONSIDERATIONS AS YOU WRITE NOTES

Take a moment to think about your note. Please keep notes general so that it can be given to any family going through their pregnancy journey. We ask that you do not include any religious language. Please package the notes together and mail together. Do not close the notes if putting in smaller envelopes within the larger package.

Please use language that is:

- Empowering
- Uplifting
- Inspiring
- Loving

Sample messages:

- You are strong. We are with you.
- You are not alone. Please know we're thinking of you, we care about you, and we're here for you. You can do this.



# NOTE OF HOPE PROJECT RESOURCES

If you are interested in hosting a virtual note of hope project or setting up a station to engage associates, here are couple resources you can use. [Access these resources here.](https://www.marchofdimes.org/materials/Send-a-note-to-mom-to-be.pdf)

- **Note of Hope Project Presentation:** The presentation provides information about March of Dimes and walks through each step of the Note of Hope project.
- **Station resources:** A sign, Instructions and the template can be printed and set up in your breakroom. <https://www.marchofdimes.org/materials/Send-a-note-to-mom-to-be.pdf>

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800-906-3463

FOLLOW US ON:





## PLEASE PLACE INSIDE YOUR PACKAGE

**The Notes of Hope were lovingly handmade by volunteers for March of Dimes.**

Shipped by (your name and /or group): \_\_\_\_\_

For March of Dimes Fulfillment Center Representative: Inventory #: 06-1340-0000



## AFFIX TO OUTSIDE OF PACKAGE (**Shipping label still required**)

### SHIP TO:

March of Dimes Fulfillment Center  
200 Charis Drive  
Moody, AL 35004  
Inventory Number: 06-1340-0000

#### FOR ADDITIONAL INFORMATION, PLEASE CONTACT:

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800-906-3463

#### FOLLOW US ON:



# SIBLING ACTIVITY KITS

## What is it?

Volunteers put together activity kits for siblings so they have something fun to do while the rest of the family focuses on bonding with their new baby in the Neonatal Intensive Care Unit (NICU).

## HOW YOU CAN DO IT:

1. **Assign a lead:** Assign one or members to lead this engagement and to liaison with March of Dimes and your volunteers.
2. **Get connected:** Connect with your March of Dimes staff contact listed at the bottom of this page to let them know your interested in providing sibling activity kits to a NICU/hospital partner and **signup at [March for Babies – Days of Movement](#)**.
  - Your March of Dimes staff contact will reach out to the March of Dimes NICU Family Support Team/Market Staff to choose a hospital in your area that your chapter can partner with. **It's important to connect with the March of Dimes staff contact first.** Depending on the relationship with the site, your chapter might work directly with a contact at the hospital or through the local MOD staff contact.
3. **Make a plan:** Once you have a contact, check out the volunteer checklist on the back and with your primary contact start answering the first set of questions with your group of volunteers. You can use the second set of questions to get more information from the NICU/hospital staff. Feel free to add your own questions, too!
4. **Do it:** Use the kit ideas list on the back, information from the NICU/hospital staff and create your sibling kits/gift bags. You could host a collection or drive with family, friends and local contacts too!
5. **Celebrate:** Each time you or your group does this activity, send out thank you emails/notes to the members that participated and to the staff who supported at the hospital.
6. **Be counted:** Let us know you've taken this action and give us feedback by [fill out this form](#).

Please note that each NICU/hospital partner has different requirements of volunteers. Some hospitals might require volunteer training to access the facility.

## WHY IS IT IMPORTANT?

Big brother and/or big sister have been a part of this journey to the NICU. Parents want each child to feel cared for and special. These activity kits go a long way in helping with just that, and when siblings come to the hospital they get their own little surprise!

## TOOLS (ON BACK)

- Volunteer Checklist
- Activity Kit Ideas
- Surprise and delight ideas

# VOLUNTEER CHECK LIST

Please walk through the checklist with your primary contact as you plan this engagement and determine with your group what is feasible.

## Questions to figure with your volunteers and March of Dimes primary contact:

- How often and when does your group plan to provide sibling activities/kits- each month, a few times a year or simply one time?
- Will volunteers be purchasing items, collecting donations, or making donations (i.e. coloring books, sticker activity books, etc.)? Who will store items?
- If a donation, who do you intend to ask?
- Who will drop off the completed kits?

## Questions to ask the NICU/hospital site:

- Are volunteers able to bring the kits to the hospital?
- Can volunteers interact with the families? If so, what's the best timing? Is there a location onsite to set-up, and help with the sibling program (if applicable)?
- Does the Hospital have restrictions on volunteers?
  - Be very specific in what is feasible for volunteer engagement at the site. Often, NICU's don't allow visitors into the NICU during COVID, flu and cold season, or keep volunteer activities separate to protect the babies.
- How many sibling activity kits (approx.) are needed for this site?
  - Is it possible to know how many big sisters and big brothers?

# ACTIVITY KIT IDEAS:

Check with your NICU/hospital contact to see what they might already have and what is most needed for sibling activities. Each site differs and could restrict donations.

- Coloring books
- Crayons/Colored Pencils
- Activity books
- Age appropriate books
- T-shirts (big brother/big sister)
- Toys
- Snacks – goldfish, graham crackers, etc.
- Water, juice
- Create “mini-adventures” to explore the hospital (gift shop, courtyards, cafeteria)

# SURPRISES & DELIGHT

If you or your volunteers are interested in adding a surprise to the kit or for the NICU/hospital partner, here are some ideas:

- Connect the activity to holidays, seasons, and/or special days (birthdays, etc.).
- Write a note of encouragement to the siblings. These should be reviewed by the primary contact prior to ensure to ensure appropriate and sensitive language is used.
- Write thank you notes to the NICU staff for all their support of moms and babies.
- Make/purchase gifts as keepsakes for families (birth stone jewelry, etc.).

## FOR ADDITIONAL INFORMATION, PLEASE CONTACT:

Centralsupport@marchofdimes.org

800-906-3463

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DONATION FORM

## ITEM DONATION FORM – INDIVIDUAL

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Email the donation form to **centralsupport@MarchofDimes.org**. Please include a **printed copy of donation form** in your shipment as well.

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