



Fitness Check Point Challenge!

Stop by three (3) activity stations along the route...



march to help babies

marchforbabies.org

working together for stronger, healthier babies



1. Complete the activities by walking the course TWICE
2. Have your card stamped at each station.
3. Claim a prize donated by Hallmark at the finish. ***
(***while supplies last. Prizes are for those who participate!)

Aetna- Get Active #1

Cigna Healthy Life Fitness #2

FIT4MOM#3

Lap 1 front lunges ()



Lap 2 Jumping Jacks ()

Lap 1 Cone drill ()



Lap 2 Crab walk ()

Lap 1 "Hula Hoop" ()



Lap 2 "Monkey" oblique squat ()

Turn in your completed card at finish for a prize donated by Hallmark Cards

Name: _____ Email: _____ Comments/Ideas: _____



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Aetna Kids Zone Post Event Activities:

5 Bounce Houses
 Baby Bottle Sand Art & Face painting
 Video Gaming from Gamers Box
 Babies are the Stars"- Sign a star for a loved one
 Mascots(Wolf Pack's Sonar, Jonathan the Husky, Chuck E Cheese)
 Clowns, Stilt walkers, music

The march for babies route is 2 laps!

We gratefully acknowledge the following donors:

Nestle Water	MDC-Water Buffalo	Aetna
Hallmark Cards	Catsup & Mustard	Stroller Strides
Bertucci's of Newington	Cigna	Mayor Marcia LeClerc
Hartford Wolfpack	The Gamers box	Sarah Harrington
UConn Huskies	New Sound Drill team	Lego
Hoffman Auto	C & S Wholesale grocers	FedEx
Clear Channel Radio	Kym Zwycyk	Omar Coffee

Hartford March for Babies Planning Committee

Jennifer Brown
 Debbie Della Valle
 Anne George
 Jeanne Lattanzio
 Leah Mason
 Mariann Pappagallo
 Kiri Thompson



Thank you to our March of Dimes sponsors for their support

Refreshments

- Endless water from MDC Water tank & free bottles from Bob's Discount Furniture
- Free pizza from Bertucci's of Newington
- Free "baby burger" sliders from Corey's Catsup & Mustard of Manchester
- Free fruit, snack bars, from C&S Wholesale Grocers
- Snacks from Deep River Snacks & Chuck E Cheese of Manchester
- Free coffee from Omar Coffee
- *****all while supplies last**

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