



Fitness Check Point Challenge!

Stop by three (3) activity stations
along the route...

1. Complete the activities by walking the course TWICE
 2. Have your card stamped at each station.
 3. Claim a prize donated by Hallmark at the finish. ***
- (***while supplies last. Prizes are for those who participate!)



march to
help babies
marchforbabies.org

working together for stronger, healthier babies



Aetna- Get Active #1

Lap 1 front lunges ()



Lap 2 Jumping Jacks ()

Cigna Healthy Life Fitness #2

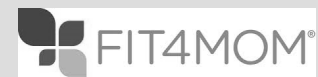
Lap 1 Cone drill ()



Lap 2 Crab walk ()

FIT4MOM #3

Lap 1 "Hula Hoop" ()



Lap 2 "Monkey" oblique squat ()

Turn in your completed card at finish for a prize donated by Hallmark Cards

Name: _____ Email: _____ Comments/Ideas: _____



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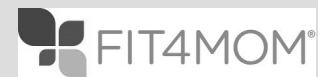
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Aetna Kids Zone Post Event Activities:

5 Bounce Houses
Baby Bottle Sand Art & Face painting
Video Gaming from Gamers Box
Babies are the Stars"- Sign a star for a loved one
Mascots(Wolf Pack's Sonar, Jonathan the Husky, Chuck E Cheese)
Clowns, Stilt walkers, music

The march for babies route is 2 laps!

We gratefully acknowledge the following donors:

| | | |
|-------------------------|-------------------------|----------------------|
| Nestle Water | MDC-Water Buffalo | Aetna |
| Hallmark Cards | Catsup & Mustard | Stroller Strides |
| Bertucci's of Newington | Cigna | Mayor Marcia LeClerc |
| Hartford Wolfpack | The Gamers box | Sarah Harrington |
| UConn Huskies | New Sound Drill team | Lego |
| Hoffman Auto | C & S Wholesale grocers | FedEx |
| Clear Channel Radio | Kym Zwyc | Omar Coffee |

Hartford March for Babies Planning Committee

Jennifer Brown
Debbie Della Valle
Anne George
Jeanne Lattanzio
Leah Mason
Mariann Pappagallo
Kiri Thompson



Thank you to our March of Dimes sponsors for their support



Refreshments

- Endless water from MDC Water tank & free bottles from Bob's Discount Furniture
- Free pizza from Bertucci's of Newington
- Free "baby burger" sliders from Corey's Catsup & Mustard of Manchester
- Free fruit, snack bars, from C&S Wholesale Grocers
- Snacks from Deep River Snacks & Chuck E Cheese of Manchester
- Free coffee from Omar Coffee
- ***all while supplies last

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